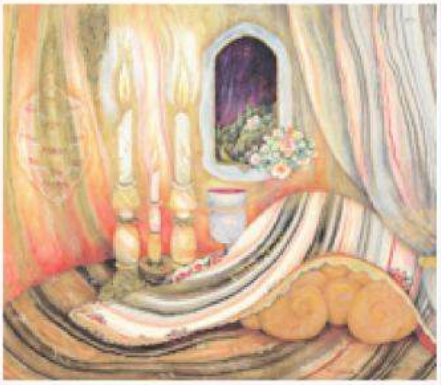
Sample pages of the Jewish Art Calendar 8.25"/ 10.875"

Calendar is in full color

10.875"

8.25"

February 2007 Shevat-Adar 5767 שבט-אדר תשס"ז



The Holy Shabbat - Acrylics by Michael Muchnik

Shevat 15
New Year for trees, when trees begin to bud in Israel. It is customary to eat many fruits, especially those for which the land of Israel is praised in Scriptures.

Shevat 22
Yahrtzeit of Rebbetzin Chaya Musha Schneerson, wife of the Lubavitcher Rebbe, Rabbi Menachem Schneerson.

Kosher Food

Food for the Soul
Just as there are foods that are good for the body and foods that are harmful, so there are foods that nourish the inner person—the soul—and foods that harm it.

The Kosher Laws are Torah's guide to those foods that affect the Jewish soul adversely. Any meat or fowl that is eaten must be slaughtered in a prescribed, humane fashion. Meat and milk must never mix. Scavengers, predatory beasts and fish, shellfish and certain other animals are forbidden. Any processed foods must be produced under strict supervision.

Eating is Sacred
When they talk about spirituality, people think about meditation, prayer and maybe music. Few imagine eating as a spiritual activity. But according to the Torah, everything a person does in another way to infuse the world with spiritual meaning. Especially eating. When a person eats food with the proper mindfulness and uses the energy of that food for good things, the food becomes elevated through his eating.

That's another reason for Kosher guidelines. Kosher foods are those that a Jewish soul is able to elevate. Non-kosher foods are those that will only drag the soul down. When enough people are busy elevating the world rather than being dragged down by it, the world is able to reach its fulfillment, the time described by the prophets as the Era of Moshiach.

It's Never Been Easier To Keep Kosher
Seventy percent of the packaged foods in your cupboard are probably kosher already. Kosher foods are the fastest growing segment of the food industry. Going the full mile can be a smooth, step-by-step process—each step a mitzvah all on its own:

Don't mix meat and milk.
Cut out pork, shellfish and non-kosher fish.
Buy only kosher meat.
Buy only those processed foods that have kosher certification.
Make your kitchen kosher.

For more information or for help in keeping kosher, please contact us.

Sample top page

AD SPACE

Ad#3 goes here and is a 3rd of the box

Ad #2 takes up half of box

Ad # 1 takes up entire box

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TIMES SHOWN ARE DAYLIGHT SAVING TIME FOR METRO NYC OCTOBER 2003	Ad #4 takes up blank calendar box	Ad #4 takes up blank calendar box	1 ת תשרי Tishrei 3	2 ד תשרי Tishrei 6	3 ז תשרי Tishrei 7 Light candles at 6:17 p.m.	4 תשרי Tishrei מיטב HAAZIN Shabbat ends at 7:16 p.m.
5 ט תשרי Tishrei 9 ערב יום כפור Eve of Yom Kippur Light candles at 6:14 p.m. Fast begins at 6:28 p.m.	6 י תשרי Tishrei 10 יום כפור YOM KIPPUR Yahrtzeit Yom Kippur ends at 7:13 p.m.	7 יא תשרי Tishrei 11	8 יב תשרי Tishrei 12	9 יג תשרי Tishrei 13	10 יד תשרי Tishrei 14 ערב חג הסוכות Eve of Sukkot Light candles at 6:08 p.m.	11 ט״ו תשרי Tishrei 15 יום א דחג הסוכות First Day of SUKKOT Light candles after 7:00 p.m.
12 טז תשרי Tishrei 16 יום ב דחג הסוכות Second Day of SUKKOT Yom Tov ends at 7:03 p.m.	13 יז תשרי Tishrei 17 מועד סוכות 1st Intermediate Day of Sukkot Columbus Day	14 יח תשרי Tishrei 18 2nd Intermediate Day of Sukkot	15 יט תשרי Tishrei 19 3rd Intermediate Day of Sukkot	16 כ תשרי Tishrei 20 4th Intermediate Day of Sukkot	17 כא תשרי Tishrei 21 תושענא רבה Hoshana Rabba Light candles at 5:53 p.m.	18 כב תשרי Tishrei 22 שמיני עצרת SHEMINI ATZERET Light candles after 6:54 p.m.
19 כג תשרי Tishrei 23 שמחת תורה SIMCHAT TORAH Yom Tov ends at 6:53 p.m.	20 כד תשרי Tishrei 24 אסרו חג Isru Chag	21 כה תשרי Tishrei 25 Sample Mazel Tov Jerry!	22 כו תשרי Tishrei 26	23 כז תשרי Tishrei 27 Sample Max's Birthday	24 כח תשרי Tishrei 28 Light candles at 5:48 p.m.	25 כט תשרי Tishrei 29 בראשית BEREISHIT Blessing of New Moon Shabbat ends at 6:45 p.m. Yom Kippur 5:15-5:30 p.m.
26 כ״ט תשרי Tishrei 30 STANDARD TIME Rosh Chodesh Cheshvan	27 א חשון Cheshvan 1 ראש חודש חשון Rosh Chodesh Cheshvan	28 ב חשון Cheshvan 2	29 ג חשון Cheshvan 3 Sample Steve & Diane's Anniversary	30 ד חשון Cheshvan 4	31 ה חשון Cheshvan 5 Light candles at 4:36 p.m.	Ad #4 takes up blank calendar box

Birthday, Anniversary, Yahrtzeit Reminders goes here or in any calendar box

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